

how to make simple origami flowers

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How to Make Simple Origami Flowers: A Step by Step Guide

Origami, the ancient Japanese art of paper folding, has evolved into a universal craft that anyone can enjoy. Among the countless paper creations, origami flowers stand out for their beauty and versatility. Whether you're looking to add a touch of elegance to a wedding invitation, create a charming centerpiece, or simply indulge in a relaxing hobby, learning how to make simple origami flowers is a rewarding experience.

This guide will walk you through the fundamentals of origami flower making, provide step by step instructions for several beginner friendly designs, and share tips on choosing the right paper, tools, and colors. By the end, you'll have a toolkit of techniques that will let you craft stunning paper blossoms with confidence.

Why Origami Flowers Are a Must Try Craft

Origami flowers offer several advantages that make them popular among crafters of all ages:

- **Minimal Materials:** All you need is paper, a pair of scissors, and a ruler. No glue, glue guns, or additional supplies.
- **Customizable:** Colors, sizes, and shapes can be tailored to match any theme or occasion.
- **Portable:** The finished flowers can be displayed indoors or outdoors, attached to cards, or even turned into gift tags.
- **Stress Relief:** Folding paper stimulates fine motor skills and offers a mindful, therapeutic activity.

Essential Tools and Materials

Before diving into the folding process, gather the following items:

- **Origami Paper:** The most common size is 6 /× /6 /cm (2.5 /× /2.5 /in). For larger flowers, choose 8 /× /8 /cm (3.1 /× /3.1 /in) 10 /× /10 /cm (3.9 /× /3.9 /in). Opt for high quality paper with a smooth finish for crisp folds.
- **Scissors:** A sharp pair ensures clean cuts.
- **Ruler:** Helpful for measuring precise dimensions.
- **Bone Folder or a Flat Card:** A bone folder smooths creases without damaging the paper.
- **Optional: Pencil or Pen:** For marking fold lines before creasing.

Basic Origami Folding Techniques

Understanding a few foundational folds will make the flower making process smoother:

Mountain Fold

A mountain fold is a basic crease that bends the paper away from you, forming a peak. It's the starting point for many origami designs.

Valley Fold

The opposite of a mountain fold, a valley fold bends the paper toward you, creating a trough.

Squash Fold

After a valley fold, a squash fold flattens the paper outward, expanding the shape.

Reverse Fold

Also known as a bird's nest fold, this technique reverses the direction of a previous fold to create a more complex shape.

Simple Origami Flower Designs

Below are five beginner friendly origami flowers that you can master quickly. Each design includes a concise set of instructions and a list of the paper dimensions required.

1. Classic Paper Daisy

The daisy is a timeless symbol of innocence and purity. Its simple petals make it ideal for beginners.

- Origami paper (6 /× /6 /cm)
 - Scissors
 - Ruler
1. Place the paper square on a flat surface with the colored side facing down.
 2. Fold the paper diagonally both ways to create a triangle.
 3. Fold the triangle in half to form a smaller triangle.
 4. Cut a 1 /cm wide strip along the top edge of the triangle. This will become the petals.
 5. Open the paper back to its original shape.
 6. Fold the paper in half horizontally and then vertically to form a smaller square.
 7. Unfold the last two folds to create creases that will guide your petal folds.
 8. Fold the corners of the square toward the center to form a kite shape.
 9. Use the bone folder to crease each fold sharply.
 10. Open the paper again and gently pull the corners outward to create the daisy petals.
 11. Trim the base of each petal to give a rounded appearance.
- Use a sharp pair of scissors for clean edges.
 - Keep the paper square flat while folding to avoid creases that can distort the shape.
 - For a more realistic look, choose paper with a slightly textured finish.

2. Elegant Paper Rose

The rose is a classic symbol of love. While slightly more complex, this design remains accessible to novices.

- Origami paper (8 /× /8 /cm)
- Scissors
- Ruler

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